



January 23, 2026

Join Us for the "State of the Village" Address with Mayor Tinaglia

The Village of Arlington Heights and the Arlington Economic Alliance invite you to an informative small business breakfast program on Thursday, March 12 from 7:30am-9:00am at the Metropolis Ballroom (6 S. Vail Avenue). The *State of the Village* will discuss goals, accomplishments, infrastructure plans, and the current economic landscape of Arlington Heights. Mayor Jim Tinaglia will be the featured speaker.

Registration is \$25 and includes a breakfast buffet.

[Click here to register](#)

Registration is limited for this program and is open until March 6 at 5:00pm. The \$25 cost includes a breakfast buffet. Free parking is available in the Vail Avenue Garage.



VILLAGE OF ARLINGTON HEIGHTS &
THE ARLINGTON ECONOMIC ALLIANCE
PRESENT

STATE OF THE VILLAGE ADDRESS



You are cordially invited to join Mayor Jim Tinaglia for an informative breakfast program to discuss the Village's goals, accomplishments, infrastructure initiatives and the current economic landscape of Arlington Heights.

- Thursday, March 12, 2026
- 7:30 - 9:00 a.m.
- Metropolis Ballroom
- Registration: \$25 /ticket
(Register by March 5)



We officially cut the ribbon yesterday to welcome [Light On Anxiety](#) to the neighborhood as a wonderful new resource.

Light On Anxiety brings a unique approach to our neighborhood—one that prioritizes compassion, joy, and helping individuals live life to the fullest.

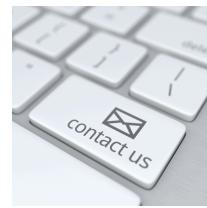
Their team is dedicated to providing a supportive environment where wellness is centered around your personal values. We are so pleased to have a partner in town that is committed to helping our neighbors navigate life with more ease and purpose.



Please join us in giving them a warm Arlington Heights welcome! Whether for yourself or a loved one, it's wonderful to have a little more "light" available right here in town.

Contact The Village with Any Questions!

If you have any questions about programs or resources for Arlington Heights businesses, or need any additional assistance from the Village, please contact Kim Biederman, Economic Development Manager at kbiederman@vah.com or at 847.368-5220.



Let's connect in person! I am looking forward to visiting your business. Email me to set up a date and time for me to come see and learn more about your business!



VAH.com/Business | TakeItToTheHeights.com

Village of Arlington Heights
Department of Planning & Community Development
PlanningMail@vah.com | 847.368.5200
33 S. Arlington Heights Road | www.VAH.com

Village of Arlington Heights | 33 S. Arlington Heights Road | Arlington Heights, IL 60005 US

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