

Internet & Computer Safety For You and Your Family Guide

Making a strong password:

- Include numbers, symbols, and both uppercase and lowercase letters
- The more characters the better
- Set up two-point authentication
- Use different passwords
- Never tell anyone your password over the phone or email

Setting up an internet browser for your child:

Internet Explorer:

- Sign in to the Family Safety Website
- Click on your child's account
- Select the Web Filtering option
- Select the website categories your child can see
- Using Family Safety you can also monitor their Internet usage and see which search terms they use on Bing. This can help you make adjustments to the settings to minimize your kid's exposure to adult content.

Other ways to make Internet Explorer safer include:

- Enable Windows SmartScreen - It will alert you if there is a high risk for malware and phishing on a website
- Use Parental Controls within your Windows user account

Mozilla Firefox:

- Click on the Open Menu icon in the top right corner
- Click on Preferences
- Select the Security tab at the top
- Check the boxes for:
 - Warn me when sites try to install add-ons
 - Block reported attack sites
 - Block reported web forgeries

Safari:

- Go to Settings
- Click on General
- Scroll down and tap on Restrictions
- Then tap Enable Restriction and enter your passcode to turn it on
- You'll then be able to select each feature and app you want the Restrictions applied to, including Safari

Google Chrome:

- Go to www.google.com/preferences
- At the top of the page you can check the box for the SafeSearch to filter out adult content from search results
- Click save at the bottom of the page
- Next create a Supervised User account for Chrome. This will allow you to see what webpages the supervised user (your child) has accessed through Chrome, block them in the future and keep the supervised user from installing apps and extensions
- Click on the menu icon
- Under the Users setting click Add Person
- Set up the profile with a name and picture
- Check the box to control and see the webpages the user accesses
- Finally click Add
- To adjust the settings for this user go to your Supervised User Dashboard
- Click into the Permissions section
- Click Manage
- In the Allow section select Only Approved Sites
- You can then block websites by adding the URL with * in front of it. For example, *website.com
- Next lock your account so that the supervised user can't see your information
- Login to your profile
- Click Exit and Childlock